

Tamarac SWIM Champions



Take your swimming to the next level with **Tamarac Swim Champions**. Swim lessons with a progressive program designed to help swimmers build confidence, improve technique, and celebrate each milestone along the way.

Levels



Bronze

A great starting point for water discovery, exploration, and safety.



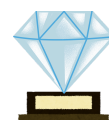
Silver

Swimmers continue building confidence around water and learn movements of gliding, floating, treading, and kicking.



Gold

Focused on stroke introduction of freestyle, elementary backstroke, along with breathing, and kicking.



Diamond

Our highest level, designed for stroke development adding in backstroke, breaststroke, butterfly, and turns.

Pricing

Member
\$150
per level

Non-Member
\$250
per level

Continued Achievement rates available for extra practice between levels or after graduation.

Information

 231.924.3580

 tamaracwellness.org/swim-lessons

 tamaracaquatics@corewellhealth.org

Ready to make a spalsh?
Call or stop in Tamarac Wellness
Center to get registered.

Tamarac
a member of Corewell Health